



DR. KIMBERLY A. HENRY

WHY DID YOU BECOME A PLASTIC SURGEON

I wanted to be a doctor since the age of 15. The complex and fascinating field of craniofacial surgeries piqued my interest

FAVORITE PART OF YOUR JOB

Sharing in the happiness of a patient's new look

BEST ADVICE YOU'VE RECEIVED

Be yourself

ALTERNATIVE OCCUPATION

Formula One race car driver

HOBBIES

Skiing, piano, martial arts

PLACE YOU GO TO ESCAPE THE OFFICE

Home to be a mom

FRAMED PHOTOS ON YOUR DESK

My son and daughter

I AM NEVER WITHOUT

Bottled water

FAVORITE QUOTE

Be all you can be

Be all you can be

age, interrupted

Dr. Kimberly Henry brings a woman's touch and intimate understanding to the realm of cosmetic surgery. Located in the San Francisco Bay Area, Dr. Henry manages three locations of the Aesthetic Institute of Marin.

"We offer a full-spectrum approach to our patients, with aesthetics being the primary goal. Our treatment style is all-encompassing," says Dr. Henry, who has authored two books on the subject—*The Face Lift Sourcebook* and *The Plastic Surgery Sourcebook*. The doctor's style is personal, genuine and warm. She is keenly attuned to the emotional issues accompanying a change in appearance, and patients particularly appreciate this and her ability to explain technical terms to them so that they are easily understood.

Her beautifully appointed office is home to an inspired team of professionals, she says. "We take care of people—from decision making through recovery. Whether we are talking about a subtle touch-up or a more dramatic change in appearance, there is a sense of excitement and profound belief in what we do." Her team includes a board-certified anesthesiologist, nurses, patient coordinators and aestheticians. Online consultations and staff availability for overnight care underscore her commitment to patient convenience and comfort.

With age 50 being the "new 35," Dr. Henry sees demographics contributing to an explosion in the demand for plastic surgery. "Body and facial rejuvenation are being considered at a much earlier age." Her job? Aligning the body with the soul. "We all love to look as fabulous as we can."



BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

University of California, Davis

GENERAL SURGERY INTERNSHIP AND RESIDENCY

Oregon Health Sciences University Hospital

PLASTIC AND RECONSTRUCTIVE SURGERY FELLOWSHIP

Midwest Breast Surgery Center
Rush Presbyterian St. Lukes Hospital

AFFILIATIONS

American Medical Association
American Society for Aesthetic Plastic Surgery
American Society of Plastic Surgeons

AREAS OF EXPERTISE

Abdominoplasty
Breast Augmentation
Browlift
Facelift
Rhinoplasty

LOCATIONS

Davis, California
530.756.7663

Greenbrae, California
415.924.1313

Petaluma, California
707.778.2313

WEB SITE

www.drkimberlyhenry.com

BENEFITS OF COMBINATION TREATMENTS

Baby boomers, women after childbirth and people transitioning to a new lifestyle are all eventually confronted with an aging appearance. While legs and arms usually fare well, the torso can be more adversely affected by **AGE, PREGNANCY OR WEIGHT GAIN OR LOSS**. Not surprisingly, liposuction, breast surgery and tummy tucks are common means to correct these problems. Even more widespread are "combo" procedures. "People are very amenable to one surgery satisfying several areas at one time," says Dr. Henry, who performs combination procedures that call for a **TUMMY TUCK, BREAST IMPLANTS AND BREAST LIFT**. "While all people may not be candidates, in a majority of cases I can use the abdominoplasty incision to carefully guide the implants into position and then close, leaving no incision by the breast." Downtime and costs are minimized while the overall result is optimized.

INSIDE INFORMATION